

# EMERGENCY REFERRAL GUIDE

M G FS MS TPF TPM TPWC CI PA JP R WR DA MR C S L BT JH JI P LA D VSG

<b>Big Sister League</b> 115 Redwood San Diego, CA 92103 (619) 297-1172	RESIDENTIAL FACILITY FOR WOMEN- NO CHILDREN. MUST HAVE INCOME																			
<b>Bread of Life Rescue Mission</b> 1919 Apple St. Oceanside, CA 92054 (760) 722-0800	x																			
<b>Brother Beno's</b> 3260 Production Ave. Oceanside, CA 92054 (760) 439-1244	x	x																		
<b>Carlton Luhman Center</b> 290 S. Magnolia El Cajon, CA 92020 (619) 447-2428	x		x																	
<b>Casa Raphael</b> (men only 9-12 mo. program) 993 Postal Way Vista, CA 92083 (760) 630-9922	x																			
<b>Community Resource Center</b> 656 Second St. Encinitas, CA 92024 (760) 753-8300		x																		
<b>Crisis House (east county only)</b> 1034 N. Magnolia El Cajon, CA 92020 (619) 444-1194		x																		

**KEY:**

**FOOD**

M-Meals

G-Groceries

**HOUSING**

FS-Family Shelter

MS-Men's Shelter

TPF-Transition Program/Family

TPM-Transition Program/Men

TPWC-Transition Program/  
Women & Children

**COUNSELING**

CI-Counseling

PA-Parenting

JP-Juvenile Program

R-Referral

**RECOVERY PROGRAMS**

WR-Women's Recovery/Domestic Violence

DA-Drug & Alcohol Program

**MEDICAL**

MR-Medical Referral

**PERSONAL NEEDS**

C-Clothing

S-Showers

L-Laundry

BT-Bus Tokens

**JOBS**

JH-Job Help

JI-Job Interview

**SPIRITUAL HELP**

P-Prayer

**LEGAL ADVICE**

LA-Legal Advice

Disabled Services

D-Disabled Services

**VETERAN'S**

VSG-Vet Support Group

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<b>Green Oaks Ranch</b> 1237 Green Oak Rd. Vista, CA 92081 (760) 727-0251	x				x			x						x		x	x		x	x	x	x		
<b>Hidden Valley House-women/child.</b> 106 South Grape Escondido, CA 92027 (760) 480-0055	x						x	x			x	x		x	x	x	x	x	x				x	
<b>Interfaith Community Services</b> 2195 Oceanside Blvd. Oceanside, CA 92054 (760)721-2117 550 W. Washington Ave. Suite B Escondido, CA 92025 (760)489-6380		x								x	x				x			x	x					x
<b>La Posada de Guadalupe (men only)</b> 2478 Impala Dr. Carlsbad, CA 92008 (760) 929-2322	x			x										x	x	x		x						
<b>Lifeline</b> 200 Michigan Ave. Vista, CA 92084 (760) 726-4900		x			x			x	x	x	x	x	x	x	x		x		x	x			x	x
<b>North County Solutions for Change Family Center</b> 890 E. Vista Way Vista, CA 92084 (760) 941-6545	x				x				x	x	x	x			x	x	x		x	x			x	
<b>Pointman Ministry</b> 1001 Country Club Ln. Escondido (760) 727-3592								x															x	x

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<b>Salvation Army Family Services</b> 1301 Las Billas Way Escondido, CA 92026 (760) 745-8685		x									x				x			x					x	
<b>Salvation Army Family Services</b> 3935 Lake Blvd. Oceanside, CA 92054 (760) 631-4712		x									x													
<b>San Diego Rescue Mission (men only)</b> 120 Elm St. San Diego, CA 92101 (619) 687-3720	x					x		x			x		x	x			x	x		x	x			
<b>San Diego Rescue Mission (women &amp; children)</b> 120 Elm St. San Diego, CA 92101 (619) 687-3720	x				x			x	x			x	x	x	x	x	x		x	x				
<b>South Bay Community Services</b> 315 4th Ave. Suite E Chula Vista, CA 91910 (619) 420-3620	x				x			x	x	x	x		x	x			x	x		x	x			x
<b>St. Clare's (women &amp; Childen)</b> 2091 E. Valley Pkwy. #E Escondido, CA 92025 (760) 741-0122					x			x			x	x	x	x			x						x	
<b>Women's Resource Center</b> 1963 Apple St. Oceanside, CA 92054 (760) 757-3500								x	x		x	x											x	

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