

North Coast Calvary Chapel Premarital Course *About a Marriage*

Our purpose is to encourage, serve, and equip marriages and families for growing, loving, Christ-centered relationships.

The Marriage & Family Ministry welcomes you as you pursue God's best for your marriage and families here at North Coast Calvary Chapel. It is important for you to know that our NCCC family includes single adults, single parents, and blended families. The premarital track has been created to help you find the encouragement and instruction that you need. We want to encourage you to join us as we learn together, grow together, and play together in Christ.

Please feel free to call us with any questions or visit our website at http://www.northcoastcalvary.org/ministries/family_events_02.html

Class Title

Sex & Marriage

Instructors

Craig & Deann Austin

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Instructor Background

Craig and Deanna have served in the Marriage and Family Ministry at North Coast Calvary for the past five years. Deanna is a certified Life Coach and together they teach in the Premarital Course and mentor couples to foster healthy marriages.

Class Summary

This class presents how sex is beautiful and holy in God's design. Discussions and presentations examine how a healthy expression of sexuality can strengthen marriages and the importance of creating an environment for nurture and romance. Biological, social, and emotional differences between men and women are also highlighted in this class.

Recommended Reading

Gardner, T. (2002). *Sacred Sex: A Spiritual Celebration of Oneness in Marriage*.

McCluskey, C. & McCluskey, R. (2004). *When Two Become One: Achieving Sexual Intimacy in Marriage*.

Rosenau, D. (2002). *A Celebration of Sex: A Guide to Enjoying God's Gift of Sexual Intimacy*.