

Living Courageously

25-Day Devotional on Philippians

WEEK 5

DAY 21

Praise (Reflect on what you're grateful for from the weekend in Philippians)

Read the text: Philippians 4:4-7 (Jot down key or repeated words and phrases)

Ask questions & interpret the context:

- What does joy in Christ mean to you? (V. 4)
- What do you think *gentleness* (V. 5) (or being reasonable, merciful, or peaceable) should look like in your life?
- What do you tend to worry about the most? How is it related to trusting God's love and provision for you?

Summarize: Now take a moment to go back and pour over your observations as well as your responses to the questions.

Engage with God: Bring your thoughts, questions, and desire for change to the Lord for his forgiveness, wisdom, correction, guidance, and direction. Here are some more questions to consider:

1. What is the Lord saying to you personally?
2. What do you need to pray about?
3. With whom does the Lord want you to share this devotional?
4. Who has the Lord placed on your heart to pray for and invite to church?

DIGGING DEEPER (Optional)

- Why do you think followers of Jesus experience joy and are able to rejoice in the midst of trials and heartache?
- In what ways can you express and model gentleness for others to see the love of Jesus through you?
- When it comes to dispelling worry what do you think prayer and supplication looks like?
- Rewrite the conditions (Vv. 4-6) with a promise (V. 7) in your own words:
- How is the Lord speaking to you as a result of reflecting on this passage today?