

Re-Radicalized

Devotional on the Sermon on the Mount

Week 4

Day 16

Praise (Reflect on what you're grateful for from your weekend with the Lord)

Read the text: Matthew 6:25, 31, 34 (Do not worry)

Ask questions & interpret the context:

- When you think of worry or anxiety, what comes to mind?
- What do you worry about the most?
- Jesus knows that we worry when we don't pursue Him first and foremost. What habit(s) do you need to develop to seek Him first?

Summarize: Now take a moment to go back and pour over your observations as well as your responses to the questions.

Engage with God: Bring your thoughts, questions, and desire for change to the Lord for his forgiveness, wisdom, correction, guidance, and direction.

Extra Questions To Consider

1. What is the Lord saying to you personally?
2. What do you need to pray about?
3. With whom does the Lord want you to share this devotional?
4. Who has the Lord placed on your heart to pray for and invite to church?

Digging Deeper

- In what ways do you see the word, *therefore*, serving as a bridge between 6:24 and 6:25?
- Describe what worrying does to your mind, body and emotions. (Consider the Greek word, *merimnao*, which means to have anxiety, be anxious, be (unduly) concerned, to be apprehensive.)
- Do you think Jesus is advocating that we do not need to think about eating and drinking, that it will just happen for us if we follow Him? Why or why not?
- What's do you see as the difference between having the necessities of life on your mind and being obsessing over them?
- Examine the following references regarding worry: Isaiah 41:10; 1 Peter 5:7; Psalm 94:19; John 14:27; Luke 12:22b-23; Matthew 13:12.
- How do you want to live differently as a result of reflecting on these verses?