

Re-Radicalized Devotional on the Sermon on the Mount

Week 7

Day 35

Praise (Reflect on what you're grateful for from DAY 34 with the Lord)

Read the text: Matthew 6:16-18 (Jot down words that you want to reflect on)

Ask questions & interpret the context:

- What does hypocrisy in fasting look like to you?
- Have you ever fasted? Describe your experience.
- Why fast?

Summarize: Now take a moment to go back and pour over your observations as well as your responses to the questions.

Engage with God: Bring your thoughts, questions, and desire for change to the Lord for his forgiveness, wisdom, correction, guidance, and direction.

Extra Questions To Consider

1. What is the Lord saying to you personally?
2. What do you need to pray about?
3. With whom does the Lord want you to share this devotional?
4. Who has the Lord placed on your heart to pray for and invite to church?

Digging Deeper

- Agree or disagree and why? Fasting makes you more spiritual.
- What do the following purposes for fasting teach you about it? (Luke 4:1-13; Nehemiah 1:4; Psalm 35:13; 2 Samuel 12:17,23; Esther 4:3; Acts 13:2, 14:23).
- What do the following references teach you about wrong motives for fasting? (Matthew 6:18; Luke 18:12-14; 1 Corinthians 8:8).
- What do you understand to be right motives for fasting?
- Ask or continue to ask the Lord to begin a good work in you (Ephesians 2:10).