# Re-Radicalized Devotional on the Sermon on the Mount

#### Week 8

### **Day 40**

Praise (Reflect on what you're grateful for from DAY 39 with the Lord)

Read the text: Proverbs 29:25 (Jot down words that you want to reflect on)

Ask questions & interpret the context:

- What do you think is the primary cause of anxiety/worry?
- What do you tend to be fearful about?
- How can you put Philippians 4:6-7 into practice?

Summarize: Now take a moment to go back and pour over your observations as well as your responses to the questions.

Engage with God: Bring your thoughts, questions, and desire for change to the Lord for his forgiveness, wisdom, correction, guidance, and direction.

#### Extra Questions To Consider

- 1. What is the Lord saying to your personally?
- 2. What do you need to pray about?3. With whom does the Lord want you to share this devotional?
- 4. Who has the Lord placed on your heart to pray for and invite to church?

## **Digging Deeper**

- How has fear/worry gripped you in the past?
- What things do you tend to worry about right now?
- What does Proverbs 29:25 tell you about the Lord?
- What more do the following references tell you about worry/anxiety? Proverbs 12:25; 13:4, 23:4; 3:5-6; Jeremiah 17:5-8.
- Examine what David, Paul and Jesus did during times of distress? Psalm 34:4-6; 2 Corinthians 1: 8-10; Matthew 26:37-39.
- Again, regarding worry and anxiety, what is it that you need to turn over or keep turning over to the Lord? (1 Peter 5:6-7)