Coast Kids Preschool COVID-19 UPDATES / REMINDERS

10/1/2020

We are all responsible to follow the current San Diego County Public Health Order. Consider the ramifications of your actions to the other families at the preschool and our staff.

- Please report ANY absences / vacations to the preschool office or email Miss Alisa. It is
 necessary for us to track all absences. It is necessary for us to know why children are not
 in attendance.
- Continue to be cautious and keep children home when not feeling well or <u>when displaying</u>
 ANY of these symptoms
 - fever
 - chills
 - persistent cough
 - shortness of breath or trouble breathing
 - fatique
 - muscle or body aches,
 - headache
 - new loss of taste or smell
 - sore throat
 - nasal congestion
 - nausea or vomiting
 - diarrhea.
- Depending on the symptoms, circumstances, and guidance from Public Health your child may be asked to be out 72 hours after symptoms and up to 10 days. A negative COVID-19 test will be of great help in making decisions and offer peace of mind to others. We will take this case by case.
- If your child has a chronic pre-existing condition that presents itself with the above symptoms, then a doctor's note stating this is required. Additionally, your child must be able to manage symptoms on their own.
- Please remember to WEAR YOUR FACE COVERINGS on campus. Also, older siblings must wear them as well.
- Please keep 6 feet from other families.
- All persons who have had a close contact with someone who has tested positive with
 <u>COVID-19</u>, must quarantine for 14 days (from the last day of exposure). Close contact is
 defined as having contact 6 feet or less and for 15 minutes or more within a 24 hour
 period. (Public Health Order)
- Report ALL travels outside of San Diego County to us. You may be asked to self
 quarantine for 14 days (CDC Recommendation) if traveled to a Level 3 Area. A negative
 COVID-19 test will be of great help in making decisions and offer peace of mind to others.
- If a parent/guardian has had a fever within 24 hours, please do not enter the campus.
- Limit drop off / pick up to one adult.
- We will report any positive cases of children and staff at the preschool to you, Community Care Licensing and San Diego County Public Health.