

INTO THE MYSTERY

Devotionals in EPHESIANS

Week 12

Day 35

Praise (What are you thankful for Day 34 with the Lord?)

Read the text: Ephesians 6:13-18 (Jot down words that you want to reflect on)

- Look at the table (below). How is your armor? What do you need to strengthen and increase proficiency at?
- Identify the biggest battle waging war around you right now. Seek the Lord alone and with others to contend against it. REMEMBER THE BATTLE IS THE LORD'S.
- How are you going to live differently as a result of this study?

Armor of God

ARMOR	USE	APPLICATION
Belt	Truth	The devil fights with lies, and sometimes his lies sound like the truth; but believers know the God's truth, which defeats the lies.
Breastplate	Righteousness	The devil often attacks our heart – our emotions, self-worth and trust. God's righteousness is the body armor that protects our heart, by assuring us of His loving approval.
Feet Fitted	Peace that comes from the Gospel	The devil wants us to think that sharing the Gospel is a futile task – it's too big, and the negative responses overwhelming. But here we find our unyielding motivation.
Shield	Faith	The devil's "flaming arrows" include insults, setbacks and temptations. The shield of faith protects us and reminds us of God's perspective and ultimate victory.
Helmet	Salvation	The helmet protects our mind from doubting God's saving work for us, and for all creation. (Romans 12:1-2)
Spirit-sword	Word of God	There are times when we need to proactively fight against the devil. When tempted or attacked, abide, trust and use God's Word. (Hebrews 4)