

## Coast Kids Preschool - Our Response to COVID-19 Updated September 20, 2021

This updated information replaces any previous information from our Coast Kids Preschool brochure, from our website or given to you during a tour.

We will continue to monitor orders, guidelines and recommendations from the Governor of California, The San Diego Office of Public Health and The State of California Community Care Licensing. The health and safety of the children, the families and of our staff are high priorities for us and effect all decisions we make. We will continue to make adjustments as needed while responding to the ever-changing orders, guidelines and recommendations. We now have the success and experience of running a preschool safely during the pandemic.

### Small Stable Classrooms

- Children will experience preschool with a small stable classroom.
- The ratio is 10 children to 1 teacher.
- Each class will have no more than 10 children per day. Some children attend M – F, M/W/F or T/TH. But it is the same each day.
- However, during the 2021-2022 school year, we will have one class of 14 children with 2 teachers.
- Children will be assigned to one classroom family and stay with that stable group of children and stable teacher(s) the whole time. They will have their class activities, outdoor play on the playground; lunch and nap with this stable group and will remain in the same stable group throughout the day and not mix with other groups.
- Siblings will be placed in the same group.
- Full day schedules require a stable team of two teachers to cover the whole day.

### Contact With Your Child's Teachers

Because you will have limited contact with your child's teacher, you may email your child's teacher directly. Staff email addresses are posted on our website. Teachers will respond to your emails at least once a week. If you need attention to a matter sooner, email me and I can arrange for a return phone call. Be on the lookout for emails from your child's teacher.

### Health Screening

- PRESCHOOL IS FOR WELL CHILDREN!
- Before your child enters the preschool, we will take your child's

- temperature. (We have to go by the reading we get from the thermometers we have at our preschool.)
- We will also ask you daily other health related questions as you sign in your child. The answers to these questions will determine whether or not your child may attend preschool that day.
    - Have you/your child been in contact with persons diagnosed with Covid-19?
    - Does your child have persistent cough?
    - Does your child have a sore throat?
  - If your child has a fever of 100 degrees or more he/she will be sent home.
  - We will also check temperatures before departure.

#### If Your Child is Sent Home Due to Illness or Has Stayed Home Due to Illness

- Your child may return 72 hours after symptoms have resolved.
- We understand that some symptoms may continue for weeks without being contagious to others. A note from a doctor letting us know that these symptoms that your child are displaying are not contagious and may linger for (give us a date). In this case, we are also looking for the child to be able to manage these symptoms. He/she knows how to properly cover their cough. He/she can properly use a tissue, dispose of it and wash hands.

#### Check In / Check Out

- PLEASE ALLOW TIME FOR THIS PROCESS.
- You will be greeted at our front or back lobby doors by staff at check in and check out.
- The health screening will be conducted there.
- You will need to answer some Covid-19 related questions.
- The sign in/out will be done at our front or back lobby doors.
- Our staff will escort your child to his/her class and for pick up at departure time.
- Please adhere to social distance guidelines while in line to check in / out.
- We prefer you bring your own pen to sign in / out. If you don't, we will have them here and sanitize after use.
- Early check in is not available. You may pick up early.
- Children wash hands upon arrival.

#### Lunches and Snacks

- For ALL schedules you must pack a nutritious morning snack. Microwaves will not be available. Refrigerators will not be available.

- For ALL schedules you must pack a nutritious lunch. Microwaves will not be available. Refrigerators will not be available.
- For the full day and 3/4 day schedules please also pack a nutritious afternoon snack. Microwaves will not be available. Refrigerators will not be available.
- Label all lunchboxes with your child's name.
- Filtered water is available at snack and lunchtime and all throughout the day. Do not send water bottles or Thermos containers.
- Again, snacks and lunches are not provided by the preschool.

### Emergency Kit Snacks

- These snacks kept in the emergency kit, must also be NUT-FREE (this includes coconut).
- They may not be made in a facility that processes nuts.
- These snacks would be saved for an emergency situation where we may be locked down in the classroom.

### Nap Time

- Those staying for nap must bring their own nap supplies.
- Nap supplies consist of a small crib sheet and a small blanket!
- Small stuffed animals will be allowed only if it snugly fits in your child's nap bag.
- Supplies must be brought home weekly to be laundered.
- You may use a small backpack, a small drawstring bag or a zippered grocery bag as nap bag. All supplies must fit in the nap bag and your child must be able to closet it snugly. Please do not send nap supplies in an open bag. A nap bag will not be provided for your child.
- Label all supplies with your child's name.

### Sunscreen

Please apply sunscreen on your child before coming, if needed. For those who need an additional application of sunscreen, you must sign an Authorization Form. You must also provide the sunscreen. We are only accepting spray or stick sunscreen. Children will apply sunscreen after their nap.

### Face Coverings

Although our Governor and CDC do recommend face coverings for preschool children, they are not required. We allow parents to make this choice for their children. If you are fully vaccinated, masks are optional for you as you drop off and pick up.

Masks are optional outdoors for our staff that is fully vaccinated. Our staff is still required to wear masks indoors.

### Social Distancing

As much as is possible with children, we will practice social distancing during activities, meals and nap. We have intentionally set up our classrooms to promote some distance between children. This is also important for adults in our check in / out lines.

### Cleaning and Disinfecting Protocols

We will have heightened cleaning and disinfecting throughout the day and at the end of the day. This will include frequently touched areas, toys, furnishings and carpets and more. The playground toys, supplies and structure will be disinfected before another group uses them.

### Fresh Air

Fresh air is the best. You will notice our front lobby doors opened more frequently with a staff member placed in the lobby. Other doors may be safely opened for fresh air.

### Air Purifiers

Each classroom and our lobby area have an air purifier in it.

### Chapels

We are now able to gather the classes together for chapel. We do keep each class socially distanced from other classes. Because of this, we fill the whole Chapel building. When your child's class is The Chapel Helpers, we are inviting you to join us upstairs in the Balcony above the Chapel. Masks and socially distancing are required regardless of vaccination status.

### Special Events

We found ways to offer most of our Special Events in a safe, yet different way during the 2020 – 2021 School year. We will continue to explore ways for you to be a part of our special events in the future as well.

### Monthly Newsletters

We will post our monthly newsletters on our website. Please refer to the website. The teachers will also email the newsletters.

### What Will Happen If Someone Tests Positive for COVID-19 at Coast Kids Preschool?

- We will report any positive tests to the County Public Health Department and to Community Care Licensing.
- Recommendations will be given to us from these agencies based on the specific case.
- We will notify staff and parents of children who have had close contact with the person.
- Others may need testing and /or quarantine with their child during their infectious period. The County Public Health Department will direct us.
- The class will be closed for a period of time directed by Public Health. We will only close the class where the case is, not the whole preschool.
- If you are getting a Covid-19 Test for your child, it is best not to use home tests. Home tests are not recognized by Public Health. Take your child to a Covid-19 Testing site or your family doctor. There are many free sites available.

### What Will Happen If Your Child has Close Contact with someone tested Positive for COVID-19? (This is for a close contact other than at Coast Kids Preschool)

- Your child will have to quarantine.
- We will not have to close the class.
- We will report this to the County Public Health Department.
- Guidelines will be given to us from this agency based on the specific case.
- If you are getting a Covid-19 Test for your child, it is best not to use home tests. Take your child to a Covid-19 Testing site or your family doctor. There are many free sites available.

### Current CDA Travel Recommendations

California has no travel restrictions or requirements at this time. Help keep California open and our communities AND PRESCHOOL healthy by following CDC travel guidelines...

- Delay travel until you're fully vaccinated.
- If you're not fully vaccinated, but choose to travel, get tested before and after.
- No matter your vaccination status, wear a mask **indoors** while on public transportation or in a transportation hub.
- Wearing a mask **outdoors** while traveling is no longer required, but still recommended for unvaccinated individuals in group settings.

It is best to keep your child home if tired from travel. Please keep your child home if displaying ANY Covid-19 symptoms. Your child may return after 72 hours symptom free. Results from a Covid-19 test are not required but are appreciated. If you are traveling via public transportation or spending time with groups other than your family, consider staying home for a couple of days to make sure you are not bringing anything back with you besides sweet memories.

#### Additional Mission

We will continue to help all children grow in all areas (academically, socially, emotionally, physically and spiritually). During this continued pandemic, it is a priority for us to offer our safe and quality preschool to allow families to work or get back to work. We want to be part of the solution to help our economy get back on its feet.

While we ARE diligent in operating a safe preschool for your children and our staff, we can only control what happens here! We cannot control what happens outside of our preschool. We are asking everyone to take every measure you can as a family to keep your family safe and healthy. By doing so, you help to keep others to be safe and healthy too. This is an expression of love and care for others. Together, let's do what we can to slow the spread of COVID-19.

