

# NCCC Backpacker's Checklist

## Pack & Sleeping

- Backpack
- Tent & Stakes
- Sleeping Bag
- Sleeping Pad
- Day Pack
- Ground cloth (dual purpose for tent or taking a lunch break)

## Ten + Essentials

- Full 1 Qt. Water Bottle
- Matches or Lighter
- Compass and Map
- Basic First Aid Kit
- Whistle with neck cord
- 50 Ft. Nylon Cord
- Pocket Knife
- Emergency Blanket
- Energy Bar
- Sunglasses
- Sunscreen
- Flashlight and Extra Batteries

## Clothing

- Boots, well sealed
- Camp shoes and sandals
- Liner Socks
- Hiking Socks
- T-Shirt
- Shorts
- Warm Shirt
- Long Pants
- Extra Underwear
- Thermal Underwear
- Warm Jacket/Fleece
- Rain Gear
- Gloves Fleece/Wool
- Hat with brim
- Warm Hat
- Clothes for drive home

## Optional Personal Toiletries

- Dental Floss
- Dish/Body Soap
- Dry Paper Towels
- Mesh Bag to hold Personal Items
- Shampoo (for shower at end of trip)
- Toilet Paper
- Tongue Scraper
- Toothbrush
- Toothpaste

## Group Equipment

- Stove
- Wind Screen
- Small Lantern
- Fuel and Funnel
- Matches/Lighter
- Water Filter/Chemical
- Insect Repellent
- Toilet Paper and Towel
- Trash Bag
- Repair Kit
- Large First Aid Kit
- Water Storage Container
- Bear Canisters
- Biodegradable Dish Soap
- Scrub Pad
- Dish Towel
- Large Utensils
- Pots and Fry Pan
- Small Cutting Board
- Pot Grip
- Drink Mixes
- Food
- Spices
- Snacks
- GPS
- 2-Way Radios

## Miscellaneous

- Camera
- Binoculars
- Bowl and Plate
- Insulated Cup
- Spoon and Fork
- Personal Toiletries
- Medication
- Lip Balm and Lotion
- Lightweight towel
- Reading Material
- Note Pad and Pencil
- Lightweight Camp Chair / Seat/Kneeling Pad
- Hiking Poles
- Bandana
- Fishing Gear and License
- Stash Bags
- Extra Water Bottle or Hydration System
- Sew kit (several thread colors and needle) store in First Aid kit
- Extra batteries or Solar Panel (by Suntactics S5)
- Cash