

## Coast Kids Preschool - Our Response to COVID-19

### Updated December 20,2022

This updated information replaces any previous information from our Coast Kids Preschool brochure, from our website or given to you during a tour.

We are committed to taking actions that help minimize the spread of COVID-19 to ensure the safety of children, staff, and families. Our Response to Covid-19 now has a broader meaning to also include action taken to minimize the spread of Respiratory Syncytial Virus (RSV) and Influenza. What we have learned during the Pandemic and continue to learn helps us with these other two highly contagious illnesses.

We will continue to monitor orders, guidelines and recommendations from the Governor of California, The San Diego Office of Public Health, and The State of California Community Care Licensing. The health and safety of the children, the families and of our staff are high priorities for us and effect all decisions we make. We will continue to make adjustments as needed while responding to the ever-changing orders, guidelines and recommendations. We now have the success and experience of running a preschool safely during the pandemic.

#### Small Stable Classrooms

- Children will experience preschool with a small stable classroom.
- The ratio is 10 children to 1 teacher.
- Each class will have no more than 10 children per day. Some children attend M – F, M/W/F or T/TH.
- Children will be assigned to one classroom family and stay with that stable group of children and stable teacher(s) the whole time. They will have their class activities, outdoor play on the playground; lunch and nap with this stable group and will remain in the same stable group throughout the day and not mix with other groups.
- Siblings of different ages will be placed in their own age-appropriate class.
- Full day schedules require a stable team of two teachers to cover the whole day.

#### Contact With Your Child's Teachers

You may email your child's teacher directly. Staff email addresses are posted on our website. Teachers will respond to your emails at least once a week. If you need attention to a matter sooner, email me and I can arrange for a return phone call. Be on the lookout for emails from your child's teacher.

### Health Screening

- PRESCHOOL IS FOR WELL CHILDREN!
- Before your child enters the preschool, we will take your child's temperature. We will go by the reading we get from the thermometers we have at our preschool.
- We will also ask you daily other health related questions as you sign in your child. The answers to these questions will determine whether or not your child may attend preschool that day.
- If your child has a fever of 100 degrees or more, he/she will be sent home.
- During times of heavier illnesses, we may suggest your child have a day of rest at home if temperature is 99 degrees or more.

### If Your Child is Sent Home Due to Illness or Has Stayed Home Due to Illness

- Your child may return 24 hours after symptoms have resolved.
- We understand that some symptoms may continue for weeks without being contagious to others. A note from a doctor will be needed, letting us know that these symptoms that your child are displaying are not contagious and may linger for (give us a date). In this case, we are also looking for the child to be able to manage these symptoms. He/she knows how to properly cover their cough. He/she can properly use a tissue, dispose of it and wash hands.
- COVID tests are not required for non-COVID illness. However, COVID tests are appreciated when symptoms present similar to COVID symptoms. Home tests are fine. Email results to [alisa@northcoastcalvary.org](mailto:alisa@northcoastcalvary.org).

### Check In / Check Out

- PLEASE ALLOW TIME FOR THIS PROCESS.
- You will be greeted at our front or back lobby doors by staff at check in and check out.
- The health screening will be conducted there.
- You may need to answer some Covid-19 related questions.
- The sign in/out will be done at our front or back lobby doors.
- Our staff will escort your child to his/her class and for pick up at departure time until such times as we allow a responsible adult to drop off and pick up.
- We prefer you bring your own pen to sign in / out. If you don't, we will have them here and sanitize after use.
- Early check in is not available. You may pick up early.

- Children wash hands upon arrival.

### Lunches and Snacks

- For ALL schedules you must pack a nutritious, nut free, morning snack. Microwaves will not be available. Refrigerators will not be available.
- For ALL schedules you must pack a nutritious, nut free, lunch. Microwaves will not be available. Refrigerators will not be available.
- For the full day and 3/4-day schedules please also pack a nutritious, nut free, afternoon snack. Microwaves will not be available. Refrigerators will not be available.
- Label all lunchboxes with your child's name.
- Filtered water is available at snack and lunchtime and all throughout the day. Do not send water bottles or Thermos containers.
- Again, snacks and lunches are not provided by the preschool.

### Emergency Kit Snacks

- These snacks kept in the emergency kit, must also be NUT-FREE (this includes coconut).
- They may not be made in a facility that processes nuts.
- These snacks would be saved for an emergency situation where we may be locked down in the classroom.

### Nap Time

- Those staying for nap must bring their own nap supplies.
- Nap supplies consist of a small crib sheet and a small blanket!
- Small stuffed animals will be allowed **only if** it snugly fits in your child's nap bag.
- Supplies must be brought home weekly to be laundered.
- You may use a small backpack, a small drawstring bag or a zippered grocery bag as nap bag. All supplies must fit in the nap bag and your child must be able to close it snugly. Please do not send nap supplies in an open bag. A nap bag will not be provided for your child.
- Label all supplies with your child's name.

### Sunscreen

Please apply sunscreen on your child before coming, if needed. For those who need an additional application of sunscreen, you must sign an *Authorization Form*. You must also provide the sunscreen. We are only accepting spray or stick sunscreen. Children will apply sunscreen after their nap.

### Face Coverings

- Masks are a choice for our staff indoors and outdoors, regardless of vaccination status.
- Masks are a choice for parents when they are attending Chapel or a special event indoors or outdoors.
- If you would like your child to wear a mask, we can help reinforce this.

### Social Distancing

We will practice social distancing during Chapel when we have all classes together in the chapel. When we invite families to our events, we will set up the environment with social distance in mind. It is important for you to exercise your distance to your level of comfort.

### Cleaning and Disinfecting Protocols

We will have heightened cleaning and disinfecting throughout the day in our classrooms and on the playground.

### Fresh Air

Fresh air is the best. You will notice our front lobby doors opened more frequently with a staff member placed in the lobby. Other doors may be safely opened for fresh air. At times, we may give each class more outdoor time. Spending time outside means more fresh air circulation, space and sunlight. These factors make it more difficult for the coronavirus to spread from person to person.

### Air Purifiers

Each classroom and our lobby area have an air purifier in it.

### Chapels

We are now able to gather the classes together for Chapel. We do keep each class socially distanced from other classes. Because of this, we fill the whole Chapel building. When your child's class is the Chapel Helpers, we are inviting you to join us upstairs in the Balcony above the Chapel. Masks are a choice. We do ask that you social distance from other families. For the times we have Chapel in the Family Center, we can accommodate more families and we will let you know.

### Special Events

We found ways to offer most of our Special Events in a safe, yet different way during the 2022 – 2023 School year. We will continue to explore ways for you to

be a part of our special events in the future as well.

### Monthly Newsletters

We will post our monthly newsletters on our website. Please refer to the website. The teachers will also email the newsletters.

### What Will Happen If Someone Tests Positive for COVID-19 that attends Coast Kids Preschool?

- We will follow the most up to date guidelines from the County Public Health Department and to Community Care Licensing.
- Guidelines are given to us from these organizations. We must follow the COVID-19 Decision Tree for Childcare. They may differ from guidelines given to Public School Guidelines or CDC.
- We will notify staff and parents of children who have had close contact with the person.
- Others may need testing and /or quarantine with their child during their infectious period.
- If you are getting a Covid-19 Test for your child, a Home Test is acceptable.
- Quarantine for the positive child may be 5 – 10 days with certain conditions being met before a return.
- Report all positive cases of your child to the office.
- Report all cases of close contact of your child to the office.

### What Will Happen If Your Child has Close Contact with someone tested Positive for COVID-19? (This is for a close contact other than at Coast Kids Preschool)

- Your child may need to quarantine.
- We will not have to close the class.
- We must follow the COVID-19 Decision Tree for Childcare. They may be different guidelines than Public School Guidelines or CDC.
- If you are getting a Covid-19 Test for your child, Home Tests are acceptable.
- Quarantine for a Close Contact may be 5 days with certain conditions being met before a return.

### What Will Happen If Someone from Your Child's Class Comes Down with RSV or Influenza or Any Other Contagious Illness?

We will send home an Information Sheet on whatever Contagious Illness is present in the classroom. The Information Sheet will include date illness was present, symptoms to look for and guidelines for a safe return to preschool.

### Current CDA Travel Recommendations

California has no travel restrictions or requirements currently. Help keep California open and our communities AND PRESCHOOL healthy by following CDC travel guidelines...

- Delay travel until you're fully vaccinated.
- If you're not fully vaccinated, but choose to travel, get tested before and after.
- No matter your vaccination status, wear a mask **indoors** while on public transportation or in a transportation hub.
- Wearing a mask **outdoors** while traveling is no longer required, but still recommended for unvaccinated individuals in group settings.

It is best to keep your child home if tired from travel. Please, keep your child home if he / she is displaying ANY Covid-19 symptoms. Your child may return after 24 hours symptom free. Results from a Covid-19 test are not required but are appreciated. If you are traveling via public transportation or spending time with groups other than your family, consider staying home for a couple of days to make sure you are not bringing anything back with you besides sweet memories.

### Other Pre-cautions

If your child is attending events or locations with large crowds, please consider a delay in returning to preschool. We have found many times when children have traveled by air or visited places like Disneyland, illnesses to follow. We suggest a 24 - 48 hour delay from being in the crowds to returning to preschool.

### Early Release or Closed Classes

In rare cases where the class is experiencing high volume of illness in children and staff, it may become necessary to close early or close the class.

### Additional Mission

We will continue to help all children grow in all areas (academically, socially, emotionally, physically and spiritually). During this continued pandemic, it is a priority for us to offer our safe and quality preschool to allow families to work or get back to work. We want to be part of the solution to help our economy get back on its feet.

While we ARE diligent in operating a safe preschool for your children and our staff, we can only control what happens here! We cannot control what happens outside of our preschool. We are asking everyone to take every measure you

can as a family to keep your family safe and healthy. By doing so, you help to keep others to be safe and healthy too. This is an expression of love and care for others. Together, let's do what we can to slow the spread of COVID-19, RSV, Influenza, or any other contagious illnesses.