DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	
Sep 10-16	Oct 15-21	Nov 26-Dec 2	
1 Timothy	John 1	2	
Sep 17-23	Oct 22-28	Revelation	
6 □ 2 Timothy		Dec 3-9	
1	Oct 29-Nov 4		
Titus 1	12 13 14 15 Nov 5-11	Dec 10-16	
1 John 1		——————————————————————————————————————	
Oct 1-7	Nov 12-18	13	
2 John	1 Thessalonians	Dec 24-31	
3 John Oct 8-14 1 Peter			
1	2 Thessalonians	©2005 by The Navigators. All Rights Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan. Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for	



information must be retained

Navigators Discipleship Tool



2023

New Testament Bible Reading Plan

Read through the New Testament in (5) days a week, (5) minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- 2 Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3 Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ① Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



ine Navigators			New Testament Reading Plan		
DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER
Jan 1-7	Feb 12-18	Mar 26-Apr 1	May 7-13	Jun 18-24	Jul 30-Aug 5
Mark	15		23	Colossians	24 [1 Corinthians
6		Apr 2-8 3	28	Jun 25-Jul 1 4 □ Philemon 1 □ Luke 1 □	Aug 6-12 5
Jan 22-28	25	Apr 9-15	May 21-27	Jul 2-8 ———————————————————————————————————	Aug 13-19
16		Apr 16-22		9	Aug 20-26
Jan 29-Feb 4 5	7	Apr 23-29	15	Jul 16-22	Aug 27-Sep 2